



MAY



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
		Weights Start	Weights 6:30-8:00am	Weights 6:30-8:00am	Weights 6:30-8:00am	
24	25	26	27	28	29	30
	Memorial Day NO WEIGHTS	Weights 6:30-8:00am	Weights 6:30-8:00am	Weights 6:30-8:00am	Weights 6:30-8:00am	
31						

NOTES

Weights 6:30-8:00am

MON / TUE / WED / THUR

MAY



JUNE



2025

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

	1 Weights 6:30-8:00am	2 Weights 6:30-8:00am	3 Weights 6:30-8:00am Practice 5:30-7:30pm	4 Weights 6:30-8:00am	5	6
7	8 Weights 6:30-8:00am	9 Weights 6:30-8:00am	10 Weights 6:30-8:00am Practice 5:30-7:30pm	11 Weights 6:30-8:00am	12	13
14	15 Weights 6:30-8:00am	16 Weights 6:30-8:00am	17 Weights 6:30-8:00am Practice 5:30-7:30pm	18 Weights 6:30-8:00am	19	20
21	22 Weights 6:30-8:00am	23 Weights 6:30-8:00am	24 Weights 6:30-8:00am Practice 5:30-7:30pm	25 Weights 6:30-8:00am	26	27 Dead Week
28	29 Dead Week	30 Dead Week	0	0	0	0

NOTES

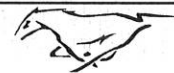
Weights 6:30-8:00am

MON / TUE / WED / THUR

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JULY



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

			1 Dead Week	2 Dead Week	3 Dead Week	4 Dead Week
5 Dead Week	6 HS CAMP 5:30-7:30PM @ MS	7 Depart for Camp P82 5:00PM	8 Day at Camp P82	9 Return from P82	10	11
12	13 HS CAMP 5:30-7:30PM @ MS	14 HS CAMP 5:30-7:30PM @ MS	15 HS CAMP 5:30-7:30PM @ MS	16 HS CAMP 5:30-7:30PM @ MS	17 HS CAMP 5:30-7:30PM @ MS	18
19	20 HS CAMP 5:30-7:30PM MS CAMP 9-11AM	21 HS CAMP 5:30-7:30PM MS CAMP 9-11AM	22 HS CAMP 5:30-7:30PM MS CAMP 9-11AM	23 HS CAMP 5:30-7:30PM MS CAMP 9-11AM	24 HS CAMP 5:30-7:30PM MS CAMP 9-11AM	25
26	27 HS CAMP 5:30-7:30PM Youth CAMP 9-11AM	28 HS CAMP 5:30-7:30PM Youth CAMP 9-11AM	29 HS CAMP 5:30-7:30PM Youth CAMP 9-11AM	30 HS CAMP 5:30-7:30PM Youth CAMP 9-11AM	31 HS CAMP 5:30-7:30PM @ MS	0

NOTES

Weights 6:30-8:00am

MON / TUE / WED / THUR



AUGUST



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1

Gold Week

2

Gold Week

3

Community
Service Project
8am-12pm

4

Gold Week

5

Team Building
Activity 8am-
12pm

6

Gold Week

7

Pool Party 6:30-
8:30pm

8

Gold Week

9

Gold Week

10

PRACTICE #1 HELMETS
5:00-8:00PM

11

PRACTICE #2 HELMETS
5:00-8:00PM

12

PRACTICE #3 HELMETS
5:00-8:00PM

13

PRACTICE #4 SHELLS
5:00-8:00PM

14

PRACTICE #5 SHELLS
5:00-8:00PM

15

FILM 8-10AM

16

17

PRACTICE #6 FULL
PADS 5:00-8:00PM

18

PRACTICE #7 FULL
PADS 5:00-8:00PM

19

PRACTICE #8 FULL
PADS 5:00-8:00PM

20

PRACTICE 3:30-5:30
PRE GAME MEAL

21

JAMBOREE @
VERSAILLES

22

PRACTICE 8:00-
10:00AM Father/Son
BBQ 5-8pm

23

24

1st Day of School
Practice 3:45-6:00

25

Practice 3:45-6:00

26

Practice 3:30-6:00

27

Practice 3:45:5:30
Pre Game Meal
Jersey Ceremony

28

WEEK ONE VS
Springfield Central

29

30

31

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NOTES

In order to be eligible for the Jamboree you must participate in 9 practices.

In order to be eligible for the 1st game you must participate in 14 practices.

Physicals must be on file before you are able to participate in any practices.

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